

goodbye July, hello
AUGUST

This
Month's
Contributors:
Larazer C.
Brian F.
Suzette M.
Becky F.
Carla G.
Tim R.
Brenda C.
Shirlon C.
Stasa T.
Ruth G.
Linda T.
Henry G.
Debra C.

Turning Point Times

1605 Fort Street, Lincoln Park, MI 48146 313.382.7861

Diamond Jack River Cruise By: Tim R.

Unfortunately, we had a change of plans for this Outing because of the weather on the 13th of August. Instead we ended up going to Southland Mall in Taylor, in place of the river cruise. Several of the Members were very disappointed that we didn't do the cruise, but the weather was just too bad. Maybe next summer?



Farmers Market By: John P.

Turning Point is now participating in the local Farmer's Market! My sister, Barbara who is on our Advisory Board donated vegetables and herbs for the Clubhouse to sell. There were also bracelets that are crafted by Members during our After Hours Thursday's. Our first time was very successful there, we took in over fifty dollars and distributed brochures and copies of our July newsletter. All in all, a very successful day.

Lincoln Park Farmers Market

John P., Barbara D., Kevin T.
Not Pictured:
Elliott B., Carol C., Sue P.



Turning Point
Clubhouse est. 1990

August Birthday's

Carla G.	8/1
Chris G.	8/16
Jean R.	8/18
Charles J.	8/19
Suzan C.	8/19
Terri A.	8/20
Sharon C.	8/22



August Social Recreation Activities

Allen Park Street Art Fair	8/5
Diamond Jack River Cruise	8/13
Movie & Dinner	8/23
After Hours Thursday's	8/4, 8/11, 8/18, And 8/25



Member Testimonial By: Laranzer C.

My name is Laranzer C. I'm a Member of Turning Point Clubhouse. I joined the Clubhouse in November of 2015. I am happy to attend some of the Clubhouse Social Recreational Outings, especially the Toledo Zoo Outing this past May. I also really enjoyed the Walk-a-Mile in My Shoes Rally at the State Capitol in Lansing in June.

I consider that Turning Point Clubhouse has been an inspiration for me. It has really helped me gain a Balance in my life, and I would recommend Turning Point Clubhouse to anyone who would like to try it. It really is a way and place to go.



Food & Social Unit Update By: Brian F.

The Food & Social Unit has been fun in that we learn about different foods and how to prepare them. I found out how to make lasagna and chicken salad. We learned how to make stir-fry's chicken and beef. Stasha makes sure the food is good and it takes anywhere from a hour or more to prepare. We are glad that we can do it in a really short amount of time. We also have a monthly menu meeting that hopefully all Members enjoy.

The Food & Social Unit has made my recovery both interesting and fun at the same time.

Business & Membership Unit Update By: Suzette M.

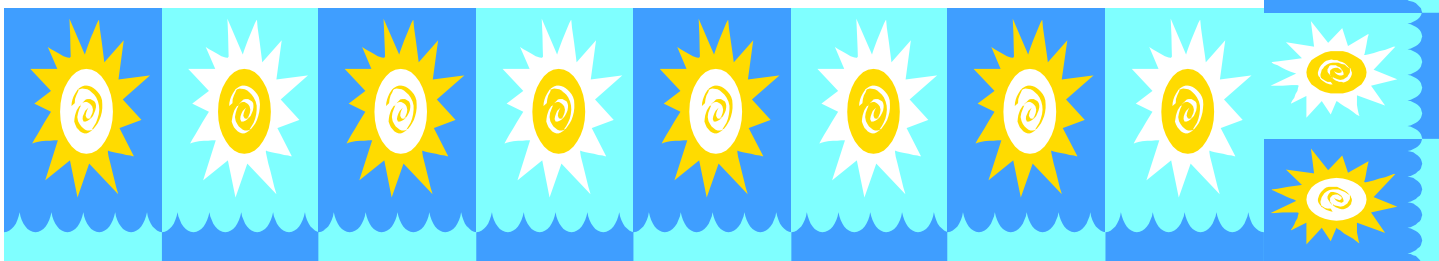
The Business & Membership Unit is still short one Staff person but is still moving along strong. Things are getting done and the Members are more motivated and understanding about the responsibilities of the tasks that keep our Unit running. We did have a minor setback with putting our July Newsletter out on August 1st. But when we fall, we get back up. The Snack Shop is doing great and earning money. We are still going strong and we are looking forward to road ahead.

Hobby Corner Submitted By: Becky F.

My name is Becky F. I participate in a Crochet & Knitting Group that meets at the Wyandotte Library on Saturday's from 2-4:30. There are between 3-10 people in the Group. I have meet a lot of nice people there. I love crochet because it relaxes me and I enjoy making beautiful things. I am currently working on an Afghan for another Member of the Clubhouse. I work on it whenever I have extra time to spare. I am impressed by the Group members kindness and friendship. It's nice to be in a Group.

Education Corner Submitted By: Suzette M., Carla G. & Tim R.

Carla G. wishes to go back to school to be a student nurse, she is interested in the medical field because she loves helping herself and others. After graduating from Highland Park High School she briefly attended Highland Park Community College but was forced to drop-out because of pregnancy . She returned later and finished a Liberal Arts curriculum.



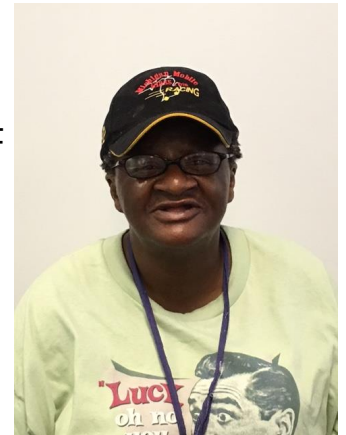
My Journey Towards Recovery By: Brenda C.

My name is Brenda C. (Pictured below), and I am a recovering addict. I was on drugs for over 30 years, it got to the point that it was a \$1000 a month habit. I guess it started when I began smoking cigarettes at age 15, I began using in my 30's. I did everything under the sun to obtain money to support my habit. I went to rehab several times before I got clean about three years ago.

I just want everyone to know, especially children and young adults that drugs are a possible dead end to life. Now since I got introduced to Turning Point Clubhouse, by my therapists Laura D., Kris R., and Debra B., I am doing much better. I would like to thank them and the Clubhouse for all their help.

Allen Park Street Fair Outing By: Suzette M.

On August 5th, the Clubhouse went to the Allen Park Street Fair. We spent most of our time walking around looking at the beautiful arts & crafts in the various booths. We got some snacks, like the free snow cones a church was giving out and watched a band play on the main stage. Afterwards we went to Leo's Coney Island for dinner, the food was good. We had a great time just hanging out with each other.



Spiritual Corner By: Shirlon C.

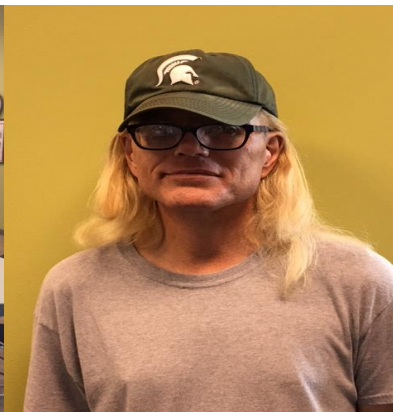
John 3:16 says, "For God so loved the world that he gave his only begotten son that those who shall believe in him shall not perish but have everlasting life".

This is true that we as Christians need to look for love in God, so that when we get into trouble we have someone to call on to help us.



Turning Point Clubhouse

New Member Photos



Pictured L-R
Odetta P.
&
Tim S.

Nutrition Classes By: Tim R.

Members of the Clubhouse recently wrapped up a six-week nutritional course offered by Michigan State University. Members who participated stated that they learned a lot about healthy eating and nutrition. Special thanks go out to Jacqueline Marks of MSU for teaching the classes and to Clubhouse Director, Sue P. for arranging the classes.

Pictured L-R: Carol C., Barbara W., Carla G., Shirlon C., Suzette M., Debra C., Jacqueline M., & Paulette H.



Random Facts Corner Compiled By: Debra C.

- The **Chinese** are **twice as willing** to purchase products "**Made in America**" than Chinese products.
- The game "Pokemon Go" earned an estimated US\$200 million in its first month.
- A ton of **iPhones** yield **300 times more gold** than a ton of **gold ore**.
- In 2016, a Dutch **woman** who was **raped** in **Qatar** was **convicted of adultery**, fined over US\$800, and spent months in jail for reporting the crime.
- The creator of **Legos** made a policy of **no military sets** because he didn't want war to seem like child's play.
- **Africans** are more **genetically diverse** than the inhabitants of the rest of the world combined.

Established 1990

August Word Search Compiled By: Ruth G.

A	C	N	U	S	W	I	M	D	E
T	F	H	G	I	L	D	A	L	B
R	B	F	C	N	G	H	E	A	D
E	L	I	B	C	P	F	R	K	A
C	U	G	E	V	I	B	C	E	T
N	C	T	D	S	E	N	E	R	S
D	F	B	H	Q	K	D	C	M	L
C	D	I	U	W	Q	R	I	I	U
P	N	E	M	C	A	K	R	A	P
G	S	D	R	V	E	N	H	F	G

BARBEQUE
PICNIC
SWIM
FISHING
CONCERT

ICE CREAM
LAKE
BOAT
PARK
SUN

Safety Corner By: Linda T.

What to do when a Tornado siren goes off? Collect your family & pets and move to a basement away from the windows or if you don't have a basement move to an interior hallway and wait for an all clear.



Employment Corner By: Henry G.

I am in the process of going to the STEP Program. The STEP Program is a piece-work program where you get paid for each piece manufactured, we put struts together and separate hangers. It is factory work, for giving an opportunity for some spending money and this experience will be rewarding to me for other future work as well as a good outlet for my energy.

Turning Point Clubhouse

Clubhouse Standards Evaluation Group By: Stasa T.

Our Clubhouse Standards Evaluation Group takes place every Wednesday from 2 pm to 3 pm. The Members regularly participate in the work of this Group, which helps them learn about the Clubhouse and its Standards. It is also part of our accreditation self-study for which we had our initial visit from a training base in June. This week we finished Clubhouse Standard #23 and we are slowly but surely moving down the list.

Member/Staff Commentary Compiled By: Suzette M.

This Month's question is: What do you think of our progress thus far towards accreditation?

Cindy C.: "I think we'll make it, I know we'll make it".

Ron S.: "We are getting close to it".

Brenda C.: "Great".

Angela D.: "I feel good about it".

Valentine S.: "It's vital to the Clubhouse. We are making good progress".

Vernidean B.: "It's ready to be certified. They are doing a good job".

Terri A.: "It's going good".

Sue C.: "I think it's going along great".

Paulette H.: "It's ready".

Debra C.: "Sounds like it's going good".

Brian F.: "I see it getting better around the Clubhouse".

Sue P.: "I think it'd smoothly moving along. I love the Member's enthusiasm".

Coming in September:



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Suzanne Pinson, Director

