

READY SET REFRESH

Join the
Conversation

Community Care Services is hosting a free, virtual discussion on parenting kids with ADHD, depression, trauma, opposition, and anxiety.

We'll explore topics such as...

- Parenting styles that work best
- Taking a "me" break to recharge
- Stepping in, or standing back
- Therapy versus medication



Let us know you'll be
joining the conversation
by registering at:

<https://readysetwork.eventbrite.com>

For more info: 313-979-0596 • lboros@comcareserv.org

FACILITATOR



Laura Boros,
School and Home Based
Program Manager,
Community Care Services

DATE/TIME

Thursday, March 25
4:30-5:30pm

HOW TO PARTICIPATE

INTERNET

<https://bluejeans.com/8007950818>

PHONE

1-408-419-1715

Meeting ID: 800 795 081 8

Passcode: 3700

Follow prompts to enter the meeting.



BONUS! Attend and provide your email for a chance to win one of two (2) \$25 gift cards.